



WORKING WITH GROUPS

A series of four CPD seminars

January to March 2018

Swan Hill Therapy Hub, Shrewsbury SY1 1NP

This series of CPD seminars will be of interest to you if you are involved in facilitating groups. Each seminar will involve:

- a short presentation by me on an aspect of facilitating groups, including case material, followed by discussion (45 minutes)
- an opportunity for you to bring some of your own group-related case material for us to discuss and learn from (1 hour 15 minutes)

In order to support continuity and a sense of a group working together, you are asked to commit to the series of seminars. If a particular date is not possible, please let me know at the time of booking. Places will be limited in order to provide enough time and space for participants to bring their work. We will have a short break with refreshments.

The case discussions will be determined by participants and what they bring. Concepts covered in the presentations will include:

- What's going on in that first group?
- Group boundaries and why they are important
- Role of the facilitator
- The 'difficult' group member and other challenging situations

All seminars are on Wednesdays and are from 5.45pm – 8.15pm

23rd January 2019
13th February 2019
6th March 2019
27th March 2019

The cost for the series of 4 seminars is £95

The workshop will be led by Debra Nash. Debra is a Group Analyst and Psychotherapist with many years' experience of facilitating groups (therapy, personal development, supervision, reflective practice, experiential, psycho-educational) in a variety of settings including the NHS, private practice, education and the voluntary sector. For more information or to book a place contact Debra: 07786 546197 debranash7@gmail.com